



May 27, 2015

## Friendly Reminders

- All swimmers must be registered with the NorCal Swim League. Any swimmer that is not registered with the NorCal Swim League will not be able to swim in this weekend's swim meet. Register online at <http://www.norcalswimleague.com/Home.jsp?team=recncsl>. There is a \$15 registration fee. If you have any questions, please contact John Miles at [jtsokker@yahoo.com](mailto:jtsokker@yahoo.com).
- There is **NO Horseplay in or out of the pool, or in the locker rooms**. If swimmers need to use locker rooms, go in, use facilities, and come out. That's it! Parents should go in with swimmers if possible to assure no horseplay is going on. Also, limit use of showers on deck. Thanks.
- Most of the team suits are in and available to pick-up on the pool deck. There are additional team suits that are due to be delivered next week. Stay tuned for additional details and pick-up times.

## Job Duties for Tri-Team Meet

Parents we need your help! We still have a few important jobs to fill. If you haven't signed up for a job, please log onto [www.wsdolphins.org](http://www.wsdolphins.org), sign in and scroll down to the bottom of the page. Click on "Job Duties" link. We can't do this without YOU!

Job Duties still needing volunteers are:

Ready Bench 2 <sup>nd</sup> Shift - 1	Lane Timers 2 <sup>nd</sup> Shift - 10
Parent Shepherd 7/8 Boys - 1	Head Timer 1 <sup>st</sup> & 2 <sup>nd</sup> Shift Disc
Jockey - 1	Hospitality 2 <sup>nd</sup> Shift - 2

### Meet Set-Up

Set-up will begin at 5:00 pm on Friday. There is no need to sign up online. All volunteers will check-in with Kathy Rivera on deck. All volunteers will be allowed to place their pop-up tent on the grass, but should not open/set-up tent until pool deck is completely set up for the meet.

### Meet Teardown

In order to expedite the teardown process, **ALL** families are required to participate in teardown. Families will assist with teardown based on their swimmer's last name. Kathy Rivera will check-in parents at the beginning of teardown. Families that **ONLY** have an under 6 swimmer are not required to stay for teardown. However, you are welcome to stay or come back to assist.

## Team Swim Suits

All swimmers are required to wear a team suit during all swim meets. Our first Conference meet is June 6<sup>th</sup>. If you haven't ordered your swimmers' team suit, please contact NorCal Swim Shop at (916) 771-7946 immediately to order one. **NO EXCEPTIONS!**

## Lost & Found

Did you find a Dolphins team suit in the Women's Restroom on Saturday with the name Molly embroidered on it? If so, please bring it to practice and return it to one of the coaches or lifeguards. It was left in a bathroom stall and so far hasn't been turned in. Thank you!

## VIP Raffle

**Congratulations to AJ Munoz on winning our first VIP Raffle for the May 30<sup>th</sup> Home Meet!** The Munoz family will enjoy a reserved parking spot and tent area. Tickets will be sold the morning of the May 30<sup>th</sup> Meet for a chance to be the VIP at the June 13<sup>th</sup> Home Meet. Tickets are \$1 each, 6 for \$5 or 12 for \$10. Winning ticket will be picked between the 1st and 2nd shift on May 30th. Good Luck!

## Get Involved!

The Northern California Swim League is looking for volunteers for the league board. If interested in learning more, please contact Jack Mills, League Representative at [jcdmillsjack@gmail.com](mailto:jcdmillsjack@gmail.com).

## Lap-A-Thon Update

Thank you to all of our Dolphin families that participated in our annual Lap-A-Thon and Pizza Party event. Special Dolphins shout out to Charmaine Yeung, Christy Holmes and Kurt Riedel for all of your help. We couldn't have done it without YOU!

We are so close to meeting our goal to raise **\$7,000!** **There is still time to promote and collect donations.** Follow this link to get to your promoting section on TeamUnify: <https://www.teamunify.com/Login.jsp?team=recncslws&id=100a0a3>

Continue to enter any cash and checks collected as offline donations on your swimmers profile page. All donations are due on June 2<sup>nd</sup>. **Questions?** Please contact Tessa Szymkiewicz at [tessasz@gmail.com](mailto:tessasz@gmail.com).

## Dates to Remember

May 23<sup>rd</sup> - **By Week. No Meet.**

May 26<sup>th</sup> - **Memorial Day Holiday... All practices cancelled**

May 30<sup>th</sup> - **Arden Hills, Arden Park & WS Dolphins Home Meet**